

## Karate School Program

Karate-do MAC Japan – Bangladesh, recently started a new Karate program on 24<sup>th</sup> August 2019 at Aurora International School.

The parents were pleasure of being involved with their children practicing MAC Karate. They have really gained confidence within themselves and as a parent, they can see what a huge impact this had on their children. All Students has been taught the fundamental principal of self-defense, respect, discipline, courage and above all to never give up.

A little Japanese also joined the class, her parents was very excited and glad so see her daughter practicing learning the real Japanese art for physical and mental growth.

For the Kids, Karate is a challenging and creative Martial Art that takes it one step more to towards progressing in development of growth for mental and physical, set them up for a positive attitude, and a life that enables them to believe that although the world may be a challenging place it has many rewards, just take the right steps early in life to create the best possible outcome!

As parents we are trying to find an avenue that will make our child that others can look up to, not just in a sport or academic way, a citizen of the world that makes a mark for him/herself in life, someone that people want to be around that are making the world a better place to be in just by being there. We uphold our philosophies.

There is a belief that by merely practicing a Martial Art you find philosophies, but if you don't have an instructor that upholds them and can pass them on, they can remain a mystery. Our philosophy stays with our students well after they walk out our classes!

To help guide us in assisting their children strengthen any areas that may need improvement.

Hopefully more students will join the training program of MAC Karate at that school.

Thank you very much,

Cheers for good work,

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